

Childbirth-related Perineal trauma management (4 – 5 September 2025)

Day 1			
	Time	Topic	Method
Pre-Test	9:00 - 9:15	Welcome and Introduction Learning Objectives	Discussion
	9:15 - 9:45	Pre-test	Test
Module 1	9:45 – 10:15	Mechanism of labour	Presentation
	10:15 – 11:15	Epidemiology of Childbirth-related pelvic floor disorders	Presentation
	11:15 – 11:45	BREAK	
	11:45 – 12:45	Episiotomy the what, when and why.	Presentation
	12:45 - 13:00	Manual perineal support	Video Demonstration
	13:00 – 14:00	LUNCH BREAK	
	14:00 – 14:30	Episiotomy repair	Video Demonstration
	14:30 – 15:00	Manual Perineal support hands on	Birthing models
	15:00 – 16:30	Hands on training on	Episiotomy repair

Day 2			
	Time	Topic	Method
Module 2	09:00 – 09:45	Interventions to reduce risk of perineal trauma.	Presentation
	09:45 – 10:15	Physiology of continence and Anal manometry	Presentation
	10:15 – 10:45	BREAK	
	10:45 – 11:15	Recognition and primary management of OASIs	Presentation
	11:15 - 11:45	Endoanal and transperineal scanning	Presentation
	11:45 – 12:15	OASIS repair using end to end and overlap techniques.	Video
	12:15 – 12:30	Discussion about OASIS service	
	12:30 – 13:30	FRIDAY PRAYER / LUNCH BREAK	
	13:30 – 15:15	OASIS repair	Hands on
	15:15 – 16:00	Transperineal scanning Hands on	
	16:00 – 16:15	Post-Test	
	16:15 – 16:30	Discussion / Close	